**Youth Empowerment & Support Services** www.yess.org

9310-82 Avenue Edmonton, AB Phone: 780-468-7070



"To walk beside youth on their journey to healing

and community integration"

**Armoury Resource Centre 24/7** www.yess.org

10310-85 Avenue Edmonton, AB Phone: 780-468-7070

YESS

homeward trust edmonton

Meals, Laundry, Showers, Clothing, Hygiene items

**Medical Care, Bus Passes Programming** 

www.yess.org

**Nexus Overnight Shelter** 

9310-82 Avenue Edmonton, AB Phone: 780-468-7070



Overnight & Day Shelter. Temporary Supportive Housing, Individual Supports & Referrals, Counseling

> **Hope Mission - Emergency Shelter** www.hopemission.com

9908-106 Ave Edmonton, AB

Phone: 780-422-2018

**Overnight & Day Shelter. Temporary Supportive** Housing, Individual Supports & Referrals,

Counseling

## **Boyle Street Community Services/Youth Unit** www.boylestreet.org

10116-105 Avenue Edmonton, AB Phone: 780-424-4106



**Services and Support to Street involved Youth** 

Ages 16 - 26 yrs

#### **Homeward Trust Edmonton** www.homewardtrust.ca

10242-105 Street Edmonton, AB

Phone: 780-496-2630

Meals, Laundry, Showers, Clothing, Hygiene items Medical Care, Bus Passes Programming

# **Youth Outreach and Advocacy**

**Bent Arrow Tradition Healing Society** 

www.bentarrow.ca

11648-85 Street Edmonton, AB

**Cultural Connections** 

Phone: 780-481-3451 Support for Indigenous Youth Adults & Families, Housing Supports, Employment (youth program) www.bgcbigs.ca





Edmonton, AB

Safe Spaces, Positive Relationships, Opportunities to Develop Personal Strengths and Interpersonal Skills

Boys & Girls Clubs - Big Brothers/Big Sisters

**Old Strathcona Youth Society** www.osys.ca

10325-83 Avenue Edmonton, AB Phone: 780-496-5947



**Housing Information & Referrals. Harm Reduction** Services. Food/Hygiene - Basic needs. AHS Nurses available by appt. Legal Services, Employment help.

# **Edmonton John Howard Society - (EJHS)** www.johnhoward.org

10010-105 Street NW Edmonton, AB

Phone: 780-428-7590



**Housing Options, Counseling, Drug Treatment Domestic Violence Prevention to Young People**  **Alberta Native Friendship Centre** www.Anfca.com

Rise up: empowering Urban Indigenous Youth,

10336 - 121 Street NW Edmonton, AB Phone: 780-423-3138

Youth and Elders Gathering



anfca

11725 Jasper Avenue Edmonton, AB Phone: 780-492-3740



Project to help 2SLGBTQIA+ Youth Facing **Barriers and Provide Health Related Supports** 

**CHEW Project** 

**IHuman Youth Society** www.ihuman.org

9635-102a Avenue Edmonton, AB Phone: 780-421-8811



Alberta Aboriginal youth council

**Outreach Services: Addictions, Youth and Social Workers. Systems Navigation** for Housing, Mental Health, Justice, Financial Assistance. Mental Health Clinic. **Hygiene Items** 

#### **Edmonton Mennonite Centre For Newcomers** www.emcn.ab.ca

10170-112 Street NW Edmonton, AB Phone: 780-424-7709





**EMCN Youth Programs Provide Support, Employment, Education, Education, Community Connection & Mental Health Support for** Newcomers.

### **YOUCAN Youth Services** www.voucan.ca

11124-130 Street Edmonton, AB Phone: 780-444-3348



**Providing Relentless Outreach to Vulnerable** Youth, along with Pre-employment Training and Experience.

Phone: 1-800-668-6868 Text: 686868

Kid's Help Phone www.kidshelpphone

Kids Help Phone



Kids Help Phone is a Canadian charitable organization that provides online and telephone counselling and volunteer-led, text-based support in English and French to youth across Canada. Kids Help Phone also provides information on how to access community support services for youth. Youth Crisis and **Mental Support Line** 

**African Centre** www.Africancentre.ca

6770 - 129 Avenue #106 Edmonton, AB

Phone: 780-455-5423 Ext 200



Programs that create opportunities for access and full participation of youth from the African community in all aspects of society

WrapEd www.reachedmonton.ca/initiatives/wraped/

10025-106 Street Suite #901 - Baker Centre Edmonton, AB Phone: 780-498-1231



Strength based Support, Prevention and Intervention to Youth Affected by High-Risk Lifestyles who want to begin a new Healthy Journey. 12-24 years old who are at risk of joining gangs or involved in gangs

Office of the Child and Youth Advocate Alberta (ocya) www.ca.information@OCYA.alberta.ca

9925-109 StreetNW #600 Edmonton, AB

Phone: 780-422-6056



The OCYA provides individual and systemic advocacy for children and youth receiving "designated services" as defined under the Child and Youth Advocate Act

Gateway Association www.gatewayassociation.ca

10941-120 Street NW #201 Edmonton, AB

Edmonton, AB Phone: 780-454-0701

Employment, Family, learning resources for anyone with a disability. Access and navigation funding systems Native Counselling Services of Alberta www.ncsa.ca/programs

14904-121a Avenue Edmonton, AB Phone: 780-451-4002



Court support, family reconciliation, Residential school health Support

YMCA

# YMCA Youth Transistions Program (YTP)

https://ymcanab.ca/programs/learning-leadership-employment/youth-young-adults

Edmonton, AB

YMCA Youth Transitions Program (YTP) is a free service focused on providing support to youth aged 13–19 who are facing barriers in their lives. These barriers could be related to school, employment, peers, family, housing or addictions.

Youth Space

www.Youthspace.ca (Online Chat Available)

youthspace.ca

**Crisis and Mental Health Support Line for Youth** 

The Hallway Cafe www.info@hallway.cafe

THE HALLWA

1 Sir Winston Churchill Square Edmonton, AB Phone: 780-413-8060 Email: catering#hallway cafe

Program offers Education, Support & Employment for Youth Identified as At Risk. Participants can also attend Fresh Start School a 17 Week Program. They will gain valuable work experience in a real cafe under Direction of Professional Chefs

**Catholic Social Services** 

Fetal Alcohol Spectrum Disorder Support www.cssalberta.ca/Our-Services/ Fetal-Alcohol-Spectrum-Disorder-Support

SOCIAL SERVICES

11823-139 Street Edmonton, AB Phone: 780-471-1122

PDD, income support, employment programs, housing programs, Assessment, family school wellness, respite, McDaniel Youth program (14 to 21 years old who have been diagnosed with Fetal Alcohol Spectrum Disorder

# **Youth Mental Health and Addiction Support**

Alberta Health Services – Youth Addiction Services

11634 - 142 Street Suite #300 Edmonton, AB Phone: 780-408-8783



Providing substance use screening, assessment, individual and family counselling and referral services to treatment programs

**Rutherford Health Centre – Outpatient Services** 

11153 Ellerslie Road Edmonton, AB Phone: 780-342-6850



Outpatient counsellors provide intake, assessment, individual & group counselling & make referrals to the continuum of youth services and community agencies.

CASA Child, Adolescent and Family Mental Health www.casaservices.org

10011-109 St #406

Edmonton, AB Phone: 780-400-2271



Provides programs and individual therapeutic support for youth mental health issues

Access Open Minds

www. Young Adult Services@albertahealth services. ca

6th Floor 9942-108 Street NW Edmonton, AB

Phone: 780-887-9781



Walk-in service for young people aged 16-25 for mental health care and resources

Children and Mental Health Crisis Mobile Response Team

Edmonton, AB

Phone: 780-407-1000

The Crisis Team offers immediate crisis support through the Crisis Line to children / youth, aged 5-17, and their care providers

THRIVE TEEN THERAPY Thrive Teen Therapy www.Thriveteens.ca

8711 - 50 Ave #201 Edmonton, AB Phone: 587-480-7359

Sherwood Park and South Edmonton private therapeutic counselling specific to teens

Alberta Virtual Opioid Dependency Program www.vodp.ca

PO BOX 1000 Ponoka, AB



Phone: 403-783-7688

Easy access to addiction counselling and opioid dependency nursing

Dreamcatchers Nature Assisted Therapy Association info@dreamcatcherassoication.com

53044 RR213

Ardrossan, AB Phone: 780-809-1047

Proble: 760-605-1047
Psychology Practice offering holistic approach to healing. Offers therapies to help children, youth and adults find healing,

balance, and joy. 30 minutes east of Edmonton

Canadian Mental Health Association

10010 - 105 St #300 Edmonton, AB



Suicide prevention, Free supports and services, Overdose prevention, social supports

# **Parental & Family Support**

Parents Empowering Parents Society - (PEPS) www.pepsociety.ca

501 Festival Avenue #200 Sherwood Park, AB Phone: 780-410-8516



Assist Families in Crisis with Pursuing Accessible, Effective Prevention, Intervention and Treatment of Drug Use and Addiction. Family Resource Networks www.alberta.ca/family-resource-networks.aspx



Strengthening Parenting & Caregiving Knowledge Social Support, Problem-Solving Skills, Access to Community Supports and Resources, Improving Child and Youth Development The Family Centre www.familycentre.org

9912-106 Street #20 Edmonton, AB Phone: 780-900-6129



Provision of Counselling Supports for Families and Youth around Relationships, Parenting and Mental Health