

TRAUMA TREATMENT SERVICE

In Partnership with the Zebra Child Protection Centre

Suite 702 10909 Jasper Ave

Edmonton AB T5J 3N6

**Mental Health Resources for Children and Adolescents (Northern Alberta)**

**Urgent Mental Health Resources**

**Emergency:** **911** (or proceed to a nearby hospital emergency room)

**Kids Help Phone:** (5-20 year olds): **(1-800) 668-6868** or text CONNECT to **686868** or chat online: <https://kidshelpphone.ca/live-chat/>

**Mental Health Helpline:** **(1-877) 303-2642**

**24/ 7 Help Line: (1-866) 332-2322**

**First Nations and Inuit Hope for Wellness Help Line:** **(1-855) 242-3310 or online chat https://www.hopeforwellness.ca**

**Walk-In Clinics (AHS)**

AHS Walk-in Clinics for children, youth, and their caregiver(s) who want to initiate change on a walk-in basis. Services are first come, first served- no appointment necessary. Clients are welcome to return to these clinics any time.

**North West Region**

**Fairview Health Complex**

**Thursdays 1-3PM**

10628 110 Street, Fairview, AB, T0H 1L0

(780) 624-6151 (Peace River Office)

**Grande Prairie Aberdeen Centre**

**Monday to Friday 9AM-4PM**

9728 101 Ave, Grande Prairie, AB, T8V 5B6

(780) 833-4323

**Integrated Crisis and Access Team (ICAT):** Intake and over-the-phone counselling **Monday to Friday 9AM-7PM**

(587) 259-5513 (\*based in Grande Prairie)

**Northwest Health Centre**

**Monday to Friday 8AM-4:30PM** (Closed 12-1PM)

11202 100 Ave, High Level, AB, T0H 1Z0

(780) 841-3229

**Peace River Mental Health Clinic**

**Thursdays 9AM-4:30PM** (Call ahead to book same-day appointment)

**Adult walk-in hours: Thursdays 8-10:45AM; 1-3PM**

**Child and youth walk-in hours: Thursdays 8-10AM; 1-2:30PM**

10015 98 Street, Peace River, AB, T8S 1A1

(780) 624-6151

**Valleyview**

Only available on the **last Tuesday of each month from 8:30AM- 12PM**

4707 50 Street, Valleyview, AB, T0H 3N0

**Trauma-Specific Mental Health Resources**

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| **Dragonfly Sexual Assault Services**  4808A 50 Avenue, Bonnyville, AB, T9N 2G9  **(780) 815-4456**   * Satellite offices in Cold Lake, Lac La Biche, & St. Paul (counsellors will also travel to First Nations communities and other north east communities) * In-person and distance free counselling available to victims of sexual abuse | **Waypoints**  100 130 Prospect Drive, Fort McMurray  **(780) 537-8903**  Sexual Trauma Support Line: **(1-780) 791-6708**  Family Violence Crisis Line: **(1-780) 743-1190**   * Free short-term counselling for support individuals (children, youth, families) * Programs available for sexual assault victims and families, as well as other forms of abuse (physical and family violence) |
| **Lloydminister Sexual Assault Services**  5011 49 Ave, Lloydminister, SK, S9V1R5  **(306) 825-8255**  24 hour crisis line: **(1-306) 825-8255**   * Free individual therapy sessions for victims and families of sexual abuse (on-site or outreach locations) | **Pace Community Support, Sexual Assault, & Trauma Centre**  10031 103 Avenue, Grande Prairie, AB, T8V 1B9  **(780) 539-6692**  Peace Country Sexual Assault Helpline: **(1-888) 377-3223**   * Depending on services requested, free or fee for service counselling for children, youth, and families who have experienced all forms of abuse and trauma * Also services Peace River, High Prairie, and Valleyview in satellite offices |

**North East Region**

**Fort McMurray Queen Street Building**

**Monday to Friday 9AM-9:15PM** (last session is at 8:30PM)

10217 Queen Street, Fort McMurray, AB, T9H 5S5

(780) 793-8360

**AHS General Counselling Services (Children)**

**24/7 information and referral line:**  **211**

\*Call this number for information about mental health services that are relevant to you and are offered in your area.

**North West Region**

**North West Region**

**Barrhead Healthcare Centre**   
4815 51 Ave, Barrhead, AB, T7N 1M1   
**(780) 674-8243**

**Beaverlodge Community Health Services**   
412 10A Street, Beaverlodge, AB, T0H 0C0   
**(780) 538-5160**

**Edson Healthcare Centre**   
3837 6 Ave, Edson, AB, T7E 0C5   
**(780) 725-6110**

**Fairview Health Complex**   
10628 110 Street, Fairview, AB, T0H 1L0   
**(780) 835-6149**

**Grande Prairie Nordic Court**  
10014 99 Street, Grande Prairie, AB, T8V 3N4   
**(780) 538-5162**

**High Prairie Health Complex**  
5101 38 Street, High Prairie, AB, T0G 1E0 **(780) 523-6490**

**Hinton Community Health Services**  
1280A Switzer Drive, Hinton, AB, T7V 1T5 **(780) 865-8247**

**Mayerthorpe Healthcare Centre**  
4417 45 Street, Mayerthorpe, AB, T0E 1N0   
**(780) 786-2279**

**Northwest Health Centre**  
11202 100 Ave, High Level, AB, T0H 1Z0 **(780) 841-3229**

**Onoway Mental Health Services**  
5115 Lac St. Anne Trail, Onoway, AB, T0E 1V0   
**(780) 967-9117**

**Peace River Community Mental Health Services**   
10015 98 Street, Peace River, AB, T8S 1T4  **(780) 624-6151**

**Pine Plaza Building**  
712 Pine Plaza NW, Grande Cache, AB, T0E 0Y0   
**(780) 827-4998**

**Seton – Jasper Healthcare Centre**   
518 Robson Street, Jasper, AB, T0E 1E0  
**(780) 852-6640**

**Slave Lake Healthcare Centre**   
309 6 Street NE, Slave Lake, AB, T0G 2A2 **(780) 805-3502**

**Slave Lake Lakeland Centre**   
101 Main Street SE, Slave Lake, AB, T0G 2A3   
**(780) 805-3502**

**Spirit River Community Health Services**   
5003 45 Avenue, Spirit River, AB, T0H 3G0   
**(780) 538-5160**

**St. Theresa General Hospital**   
4506 46 Avenue, Fort Vermilion, AB, T0H 1N0   
**(780) 841-3229**

**Swan Hills Healthcare Centre**   
29 Freeman Drive, Swan Hills, AB, T0G 2C0   
**(780) 333-4241**

**Valleyview Community Health Services**   
5112 50 Avenue, Valleyview, AB, T0H 3N0 **(780) 524-5096**

**Whitecourt Community Health Services**4707 50 Avenue, Whitecourt, AB, T7S 1P1  
**(780) 706-3281**

**North East Region**

**Athabasca Community Health Services**

3401 48 Ave, Athabasca, AB, T9S 1M7

**(780) 675-5404**

**Bonnyville New Park Place**   
5201 44 Street, Bonnyville, AB, T9N 2G5 **(780) 826-2404**

**Cold Lake Healthcare Centre**   
314 25 Street, Cold Lake, AB, T9M 1G6 **(780) 639-4922**

**Lac La Biche Provincial Building**   
9503 Beaverhill Road, Lac La Biche, AB, T0A 2C0   
**(780) 623-5230**

**Northern Lights Regional Health Centre**  
7 Hospital Street, Fort McMurray, AB, T9H 1P2   
**(780) 791-6194**

**St. Therese- St. Paul Healthcare Centre**   
4713 48 Avenue, St. Paul, AB, T0A 3A3   
**(780) 645-1850**

**Westlock Provincial Building**   
10003 100 Street, Westlock, AB, T7P 2E8 **(780) 349-5246**