



## **LGBTQIA2S+ Services and Programs**

Important note: Many of the services offered have been moved to an online format due to the pandemic

### **Crisis Support/Help Lines**

- Trans Life Line: 1-877-330-6366
- Kids Help Phone: 1-800-668-6868
- Kids Help Phone Text Line: Text TALK to 686868
- Canada Suicide Prevention Service: 1-833-456-4566
- Youth Line: Call: 1-800-268-9688, Text Line: 657-694-4275

### **Edmonton**

#### **Pride Centre of Edmonton**

Location: 10618 105 Ave NW, Edmonton, AB T5H 0L2

Phone: 780-488-3234

#### **Services:**

- Information and Referral (Everyone Welcome)
- Drop-in Single Session Counselling (For individuals, couples and families)
- GSA Roundtable (In partnership with ISMSS for School aged youth and GSA School Administration)
- QueerOUT (Youth Programming Ages 13-24)
- Seahorse Circle (For gender diverse children under 12, currently on hold due to COVID)

#### **YWCA Edmonton**

Location: 10080 Jasper Ave #400, Edmonton, AB

Phone: 780-423-9922

#### **Services:**

- Individual Counselling

#### **The Wellness Centre**

Location: 9117 82 Avenue NW Edmonton, Alberta

Phone: 587-635-3130

#### **Services:**

- Family Doctor
- Counselling
- Psychiatry
- Pharmacy
- Family Resilience Project- Free Counselling for LGBTQ+ youth and families

### **The Chew Project**

Location: 11725 Jasper Avenue

Phone: 780-665-5220

#### **Services:**

- Free counselling
- Indigenous peer support & mentoring
- Sexual education
- Other frontline needs for LGBTQ2S+ youth and young adults facing barriers.

### **The Alberta GSA Network**

Location: Online Contact: [fyreflys@ualberta.ca](mailto:fyreflys@ualberta.ca)

#### **Services:**

- Resources for teachers and staff
- Events year round
- Alberta Online Gay Straight Alliance every Thursday 2-4 pm on Discord

### **EMHC (Edmonton Mens Health Collective/Queer Trans Health Collective)**

Location: 10526 Jasper Ave #202

Phone: 587-599-7290

#### **Services:**

- Community education, support, and capacity-building
- Provider training, leadership programs, and professional development
- Community-based research and advisory.

### **Allyship Support Groups for Parents, Families and Friends of LGBTQIA2S+ Individuals**

#### **Edmonton PFLAG Chapter**

Contact: Lyn Markham Phone: 1-888-530-6777 ext 581, email: [edmontonab@pflagcanada.ca](mailto:edmontonab@pflagcanada.ca)

- Support group meetings for parents, families, and friends of LGBTQIA2S+ people
- Meetings: Spirit West United Church, (7003 199 St NW, Edmonton)

#### **okimaw kihêw mêkwanak ᐃᓱᓴᓄᓄ ᓱᓴᓄᓄ ᓴᓴᓄᓄ (Indigenous PFLAG)**

Contact: [okmekwanak@gmail.com](mailto:okmekwanak@gmail.com)

- Gather each month to eat, share, learn and nurture one another's living story of supporting LBTTQ loved ones from a nehiyaw perspective.
- These gatherings are open to all peoples who want to learn and support Indigenous worldviews surrounding our LBTTQ community members.
- Last Wednesday of the month, 5:30pm to 7pm, at MacEwan University kihêw waciston (7-131, 10700-104 Avenue NW, Edmonton AB)

## **Sherwood Park**

### **The altView Foundation**

#### **Services:**

- LGBTQ2S+ supports: workshops for all schools, communities, families, and businesses
- Free peer supports for individuals and families
- Consultation, policy review, and advocacy in schools and municipalities
- Social programs for 2SLGBTQ+ youth of all ages (gaming program, art program, GSA supports in schools and in community)

## **St. Albert**

### **Outloud Foundation**

Location: #10, 215 Carnegie Drive, St Albert

Phone: 780-990-6518

#### **Services:**

- Group meetings and activities for LGBTQ people of all ages

## **LGBTQ+ Friendly Physicians and General Practitioners**

Dr. Janice T Paproski

Phone: 780-432-0211

- Location: 8225 105 St NW Edmonton, AB

Dr. James Makokis (not currently accepting new patients)

Phone: 780-989-1212

- Location: 9711 23 Ave NW, Edmonton, AB

Dr. Jason Corrigan, Dr. Ghalib Ahmed, Dr. Guy Blais, Dr. Colin Safranovish, Dr. Debbie Millard,  
Dr. Candy Marcet

Phone: 780-468-6409

- Location: Ottewell Medical Clinic 6138 90 Ave NW Edmonton, AB

Dr. Daniel McKennitt

Phone: 780-761-9111

- Location: United Health Centre 7609 109 St Edmonton, AB

Dr. Chris VanVuuren & Dr. Robert Warren Wittmeier

Phone: 780-482-7500

- Location: 11464 Jasper Avenue Edmonton, AB

Dr. W. G Campbell & Dr D. Ho

Phone: 780-488-1222

- Location: 11807 Jasper Avenue Edmonton, AB

Dr. Laurie D. Pernisie

Phone: 780-435-3688

- Location: 110, 5124-122 St NW Edmonton, AB

Dr. Judy Schick

Phone: 780-462-0442

- Location: 8436 182 St NW Edmonton, AB

Dr. Andrew Spak Phone: 780-432-0211  
• Location: 8225 105 St NW Edmonton, AB

Dr. Stanley Wong Phone: 780-454-0783  
• Location: 13506 127 St NW

Dr. Deborah Andrew Phone- 780-433-7401  
• Location: 10303 65 Ave Edmonton, AB

Dr. Adam Parrish Phone: 780-434-5129  
• Location: 11028 81 Ave NW, Edmonton, AB

Dr. Deane Phone: 780-705-1011  
• Location: Suite 103, 6203 38 Ave Edmonton, AB

### **Hair Services**

Adara Hair & Body Studio 1 Phone: 780-437-9191  
Location: 9562 82 Ave NW #203

Adara Hair & Body Studio 2 Phone: 780-437-9191  
Location: 9738 51 Ave NW

### **LGBTQ+ Friendly Camps and Recreation**

#### **Camp Fyrefly**

Camp fYrefly is a fun, educational, social, and personal leadership retreat for queer and trans youth ages 14-24.

Contact: [fyrefly@ualberta.ca](mailto:fyrefly@ualberta.ca)

#### **Camp DragonFly**

Summer camp for trans+, gender creative campers, and their friends ages 6-13.

#### **Trans Camp**

Trans Camp is an annual summer camp hosted by the Pride Centre of Edmonton.

Contact: [info@pridecentreofedmonton.ca](mailto:info@pridecentreofedmonton.ca) or call at 780-488-3234.

#### **Team Edmonton**

Team Edmonton supports LGBTQ2+ friendly sports and recreation in Edmonton by encouraging participation in inclusive, affordable activities throughout the city.